

Text: Psalm 42

Title: "Hope in God"

## **INTRODUCTION**

1. The future as the world sees it

- a) Environmental problems
- b) Economic problems
- c) Threat of war

2. Personal problems

- a) Mental Health challenges
- b) Age-related problems
- c) Life-threatening diseases

## **THE DEMANDS OF LIFE**

1. Demands of making a living

- a) Higher cost of living
- b) Inflation

2. Distractions of life

- a) Some distractions are deadly
- b) Some distractions are devastating for the family

3. Disasters are like waves and billows of a storm (Psalm 42:7)

- a) The fear of being lost in the sea
- b) The fear of loss of life

## THE DISTRESSES OF LIFE

1. Feeling cast down (Psalm 42:5a)
2. Feeling disquieted (Psalm 42:5b)
3. Feeling of severe distress
  - a) When Tears come day and night (Psalm 42:3)
  - b) Feeling forgotten (Psalm 42:9a)
  - c) Feeling mournful (Psalm 42:9b)

## A DYNAMIC HOPE

1. Hope is not mere Optimism
  - a) It is not merely an outlook of life
  - b) It is not just a positive personality

### 2. A Biblical Hope defined

*Why are you cast down, O my soul?  
And why are you disquieted within me?  
Hope in God, for I shall yet praise Him  
For the help of His countenance.* Psalm 42:5

*Why are you cast down, O my soul?  
And why are you disquieted within me?  
Hope in God;  
For I shall yet praise Him,  
The help of my countenance and my God.* Psalm 42:11

- a) Hope is traced to the depth of the Soul
  - i) It is more than just dealing with feelings
  - ii) It is more than just having a strong mindset

- b) Hope is to be found in the LORD
  - i) It is overcoming the cast down feeling
  - ii) It is triumphing over feelings of being disquiet
  
- c) God will personally send:
  - i) Special help
  - ii) The help of His countenance
  - (iii) It will affect our personal countenance

### **DEVELOPING OUR HOPE IN GOD**

*<sup>1</sup>Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,*

*<sup>2</sup>through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.*

*<sup>3</sup>And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance;*

*<sup>4</sup>and perseverance, character; and character, hope.*

*<sup>5</sup>Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.*

*Romans 5:1-5*

1. Justified by Faith
2. Access to God by Faith
3. Rejoice in Hope of the glory of God

#### 4. Glorifying in:

- a) Tribulations
- b) Perseverance
- c) Character
- d) Hope that will not disappoint
- e) The Love of God poured out in our heart

### **CONCLUSION**

#### 1. Facing 2023

- a) With Knowledge
- b) With Courage
- c) With Trust

#### 2. Facing the Challenges

- a) With Hope
- b) With Confidence
- c) With Praise